



**2014–15 NATIONAL ABORIGINAL  
& TORRES STRAIT ISLANDER  
SOCIAL SURVEY (NATSISS)**

**Non-Remote (Blue)**

**Child**

**PROMPT CARDS**

*More than one response is allowed*

10. Read from a book
11. Tell a story
12. Listen to them read
13. Help them do homework or other educational activities
14. Spend time with them using a computer
15. Watch TV, video or DVD
16. Assist with drawing, writing or other creative activities
17. Play music, sing songs, dance or do other musical activities
18. Play a game (including board games) or sport together indoors or outdoors
19. Took part in or attended a playgroup
20. None of the above
21. Don't Know

Q12PROX

*More than one response is allowed*

10. Support from family, friends and school
11. Encouragement from elders and council
12. A relative to support if goes away to boarding school
13. Greater access to apprenticeships
14. Provision of coaches / mentors
15. Career guidance
16. More individual tutoring
17. Schools suitable for culture and / or beliefs
18. Suitable / reliable transport
19. Accessible secondary schools
20. Subsidies / grants to help affordability
21. Assistance for students with disability
22. Support networks
23. More discipline
24. Other reasons

EDUCQ04

10. Transport problems
11. Problems with getting a place
12. Available hours don't suit parents' work hours
13. Child is too old or too young
14. Can't afford it – cost too high
15. Child is not ready for school
16. Child not eligible
17. Does not suit culture or beliefs
18. Illness / disability
19. Other

EDUCQ04A

10. Child had illness or injury
11. Parent / Guardian had illness or injury
12. School / Preschool / Kindergarten not available or open
13. Cultural commitments
14. Sorry business
15. Home schooling / education at home
16. Away with parents
17. Attending appointments
18. Child did not want to go to school
19. Other

EDUCQ14

*More than one response is allowed*

1. Before and / or after school care
2. Long Day Care Centre
3. Family Day Care
4. Occasional Care Centre
5. Other formal care (excluding vacation care)
6. No formal child care used in the last week

Q02CHC

10. Parental work commitments
11. Parental study commitments
12. Parent looking for work
13. Parental sport, shopping, social, volunteer or community activities
14. To give parent a break or time alone
15. So parent can attend to own, partner's or relative's health needs (visit doctor / hospital)
16. A good way to prepare child for school
17. Good for child's intellectual or language development
18. Good for child's social development to mix with other children of same age
19. Other reason

Q13CHC

10. Parent able to look after child
11. Child too young / old
12. There is no formal child care service available
13. Transport / distance
14. Cost / too expensive
15. Prefer other type of care
16. Time / days available not suitable
17. Child's preference
18. Child has special needs (illness / disability)
19. Parent(s) unhappy with service / carers
20. Not yet applied
21. Child is on a waiting list to attend
22. Formal child care available isn't Aboriginal / Torres Strait Islander specific
23. Booked out / not enough places
24. Made other arrangements
25. Child is able to look after himself / herself
26. Other reason

Q16CHC



*More than one response is allowed*

10. Child's mother
11. Child's father
12. A grandparent
13. Child's brother or sister
14. Another relative
15. A family friend
16. A babysitter
17. A nanny
18. A neighbour
19. Another person
20. An organisation (other than formal childcare organisations)
21. No / No one

Q01INF

*More than one response is allowed*

10. Parent
11. Brother / sister
12. Partner / husband / wife
13. Other relative (e.g. Auntie, Grandfather)
14. Community Elder
15. Neighbour, friend or other community member
16. Volunteer organisation or community group
17. School
18. TAFE / University
19. Adult Learning Centre / Community Centre /  
Library
20. Other

Q05LANG

*More than one response is allowed*

1. Ceremonies
2. Funerals / Sorry business
3. NAIDOC week activities
4. Sports carnivals (excluding NAIDOC week activities)
5. Festivals or carnivals involving arts, craft, music or dance (excluding NAIDOC week activities)
6. Been involved with any Aboriginal or Torres Strait Islander organisations
7. None of the above

Q01CULP

*More than one response is allowed*

1. Fished
2. Hunted
3. Gathered wild plants / berries
4. Made Aboriginal or Torres Strait Islander arts or crafts
5. Performed any Aboriginal or Torres Strait Islander music, dance or theatre
6. Written or told any Aboriginal or Torres Strait Islander stories
7. None of the above

Q03CULP

*More than one response is allowed*

10. Parent
11. Brother / sister
12. Partner / husband / wife
13. Other relative (e.g. Auntie, Grandfather)
14. Community Elder
15. Neighbour, friend or other community member
16. Volunteer organisation or community group
17. School
18. TAFE / University
19. Adult Learning Centre / Community Centre /  
Library
20. Other

Q06CULP

*More than one response is allowed*

10. Recreational group or cultural group activities
11. Attended a native title meeting
12. Community or special interest group activities
13. Church or religious activities
14. Went out to a cafe, restaurant or bar
15. Visited library, museum or art gallery
16. Attended movies
17. Attended theatre or concert
18. Visited park, botanic gardens, zoo or theme park
19. Watched Indigenous TV
20. Listened to Indigenous radio
21. No / none of these

Q04IISA

*More than one response is allowed*

1. Played sport or took part in physical activities
2. Coach, instructor or teacher
3. Referee, umpire or official
4. Committee member or administrator
5. Attended sporting event as a spectator
6. Other sporting activity
7. No / none of these

Q04AIISA

*More than one response is allowed*

1. A tribal group
2. A language group
3. A clan
4. A mission
5. Aboriginal and/or Torres Strait Islander regional group
6. None of the above

Q01CULI



*More than one response is allowed*

1. Single class or seminar (presentation, talk)
2. Series of classes or group sessions (more than one attended)
3. Individual counselling / discussion with health service provider
4. Accessing books, videos / DVDs or websites
5. Discussion / advice from family or friends
6. Discussion / advice from community elders or traditional medicine woman
7. Other

Q21MAT

*More than one response is allowed*

10. Water
11. Infant formula
12. Milk (e.g. Cow or goat's milk)
13. Soy Milk
14. Fruit juices
15. Cordial or soft drinks
16. Tea or coffee
17. Herbal drinks
18. Other
19. Don't know
20. Does not regularly drink other drinks apart from breast milk

Q11NUT

## Vegetables – examples of serving size

**A standard serve is about 75g (100-350kj) or:**

- ½ cup cooked green or orange vegetables (for example, broccoli, spinach, carrots or pumpkin) – including frozen or tinned
- ½ cup cooked dried or canned beans, peas or lentils
- 1 cup green leafy or raw salad vegetables
- ½ cup sweet corn – including frozen or tinned
- ½ medium potato or other starchy vegetables (sweet potato, taro or cassava)



Source: Australian Dietary Guidelines Summary 2013. National Health and Medical Research Council. Commonwealth of Australia 2013.

## Fruit – examples of serving size



### A standard serve is about 150g (350kj) or:

- 1 medium apple, banana, orange or pear
- 2 small apricots, kiwi fruits or plums
- 1 cup diced or canned fruit
- 30g dried fruit (for example, 4 dried apricot halves, 1 1/2 tablespoons of sultanas)

Source: Australian Dietary Guidelines Summary 2013. National Health and Medical Research Council. Commonwealth of Australia 2013.

Q20NUT

*More than one response is allowed*

10. Household noise
11. Bedwetting
12. Nightmares
13. Afraid of the dark / to be alone / other fear
14. Overexcitement / overstimulation
15. Child goes to bed late
16. Child wakes up early
17. Noisy neighbourhood / community
18. Too hot or too cold
19. Toothache
20. Illness or pain
21. Other
22. Don't know

Q02SLE

10. Aboriginal Medical Service
11. Other community health clinic
12. A maternal and child health centre
13. Hospital (including casualty, outpatients or emergency area)
14. A Doctor / General Practitioner (GP)  
(outside AMS, health clinic or hospital)
15. Traditional healer
16. Chemist
17. A relative or other community person
18. Other health professional (e.g. naturopath, dietician)
19. Doesn't usually seek health care

Q01HLTH

*More than one response is allowed*

10. Difficulty reading / seeing close up (long sightedness)
11. Difficulty seeing far away (short sightedness)
12. Totally blind in both eyes
13. Totally blind in 1 eye
14. Partially blind in both eyes
15. Partially blind in 1 eye
16. Glaucoma
17. Cataracts
18. Trachoma
19. Lazy Eye
20. Retinopathy
21. Other
22. Don't know

Q04HLTH

*More than one response is allowed*

1. Wears glasses / contact lenses
2. Medication (including eye drops)
3. Surgery
4. Checked by an eye or eyesight specialist
5. A walking stick or guide dog
6. Other
7. No treatment sought
8. No treatment available
9. Unable to afford treatment

Q07HLTH



*More than one response is allowed*

1. Total deafness
2. Deaf in 1 ear
3. Hearing loss / partially deaf
4. Ringing in ears (tinnitus)
5. Runny ears or glue ear (Otitis media)
6. Tropical ear / Swimmer's ear (Otitis externa)
7. Other
8. Don't know

Q10HLTH

*More than one response is allowed*

1. Wears a hearing aid
2. Medication (including eardrops or antibiotics)
3. Surgery
4. Checked by an ear or hearing specialist
5. Cochlear implant
6. Other
7. No treatment sought
8. No treatment available
9. Unable to afford treatment

Q13HLTH

1. More than twice a day
2. Twice a day
3. Once a day
4. 5-6 days a week
5. 3-4 days a week
6. 1-2 days a week
7. Doesn't clean teeth
8. Doesn't have teeth

Q15HLTH

*More than one response is allowed*

1. Cavities or dental decay
2. Tooth or teeth filled because of dental decay
3. Teeth pulled out because of dental decay
4. An accident caused breakage or loss of teeth
5. Bleeding or sore gums
6. Needs braces / plate / retainer
7. Other problems with teeth or gums
8. No problems with teeth
9. Don't know

Q16HLTH

1. Private dental practice (including specialist)
2. Government dental clinic (including dental hospital)
3. School dental clinic
4. Dentist at Aboriginal Medical Service
5. Other
6. Don't know

Q20HLTH

SAMPLE ONLY

*More than one response is allowed*

10. Cost
11. Treated badly because Aboriginal and/or Torres Strait Islander
12. Service not culturally appropriate
13. Language problems
14. Transport / Distance
15. Waiting time too long or not available at time required
16. Not available in area
17. Couldn't find time to take child (including personal / family responsibilities)
18. Dislikes service or professional / afraid / embarrassed
19. Felt it would be inadequate
20. Decided not to seek care for child
21. Other

Q23HLTH

*More than one response is allowed*

10. Australian Rules Football
11. Athletics / Track and field
12. Basketball (indoor and outdoor)
13. Cricket (indoor and outdoor)
14. Cycling / BMXing
15. Dance
16. Gymnastics
17. Hockey
18. Martial arts
19. Netball (indoor and outdoor)
20. Rugby / Rugby League
21. Soccer (indoor and outdoor)
22. Softball / Baseball
23. Swimming
24. Tennis
25. Touch football
26. Other

Q03SPO

*More than one response is allowed*

10. Don't want to do (any / more) sport
11. Too young for preferred sport
12. (More) Organised sport is not available
13. Health reasons
14. Costs too much
15. Lack of appropriate training or equipment
16. Not enough time
17. Preferred sport is seasonal
18. Transport problems / too far
19. Other
20. Don't know

Q05SPO



*More than one response is allowed*

10. Had nothing fun to do
11. Got in trouble with the police
12. Came top of the class in something at school
13. Received an award, prize or other formal recognition of achievement
14. Had problems keeping up with school work
15. Had a serious illness
16. Had a serious accident
17. Was saved from an almost serious injury / accident / illness
18. Scared or upset by an argument or someone's behaviour
19. Was physically hurt by someone
20. None of the above

Q01LIFE

*More than one response is allowed*

15. Had a serious illness
16. Had a serious accident
17. Was saved from an almost serious injury /  
accident / illness
18. Scared or upset by an argument or  
someone's behaviour
19. Was physically hurt by someone
20. None of the above

Q01LIFE

*More than one response is allowed*

1. Went on a holiday or trip away with family or other people
2. A family friend or family member had alcohol related problems
3. A family friend or family member had drug related problems
4. A new baby was born into the household
5. Death of a close family friend or family member
6. Parent in prison
7. Another member of family in prison
8. Member of family arrested or in trouble with the police
9. None of the above

Q01BLIFE

1. Every day
2. 5 to 6 days per week
3. 2 to 4 days per week
4. Once per week
5. Less than once per week
6. Never
7. No Aboriginal or Torres Strait Islander  
leaders / elders

Q07LIFE

*More than one response is allowed*

1. Overcrowding at home
2. Family conflict
3. Breakdown of marriage / relationship
4. Financial difficulties at home
5. Sorry business
6. Child behaviour / ran away from home
7. Member of family ill
8. Other
9. Don't know

Q15LIFE

*More than one response is allowed*

11. School
12. Public library
13. Government shopfront / agency / department
14. Internet / cyber cafe or similar
15. Neighbour's, friend's or relative's house
16. Community centre or voluntary organisation
17. Parent's work or study place
18. Other place
19. No
20. Don't know

Q06INT